

Deprescribing: What Essential Knowledge and Skills Are Needed, and How Can This Be Integrated to Current Teaching and Assessment Practices?

A Proposed Curricular Framework



What Is Deprescribing?

Deprescribing is a patient centred, planned, and supervised process of dose reduction or stopping of a medication that may be causing harm or no longer be of benefit.

Gaps in Current Deprescribing Education

- Implementation of deprescribing education concepts in undergraduate programs is inconsistent and non-standardized.
- Learners continue to express low confidence and self-efficacy for deprescribing.

To fill these gaps, the Canadian Medication Appropriateness and Deprescribing Network Health Care Provider Committee determined that an educational framework was needed



Deprescribing : before and after
Source LownInstitute.org

Who Is the Framework For?

This framework is for educators and preceptors in the health professions, especially those in medicine, pharmacy, and nursing involved in the design and delivery of entry-to-practice (pre-licensure) programs and organizations that accredit these.

What Are the Objectives of the Framework?

The framework objectives are to:

- Describe essential knowledge and skills required to develop competence in deprescribing.
- Enable educators to systematically integrate deprescribing knowledge and skills into their teaching and assessment practices.



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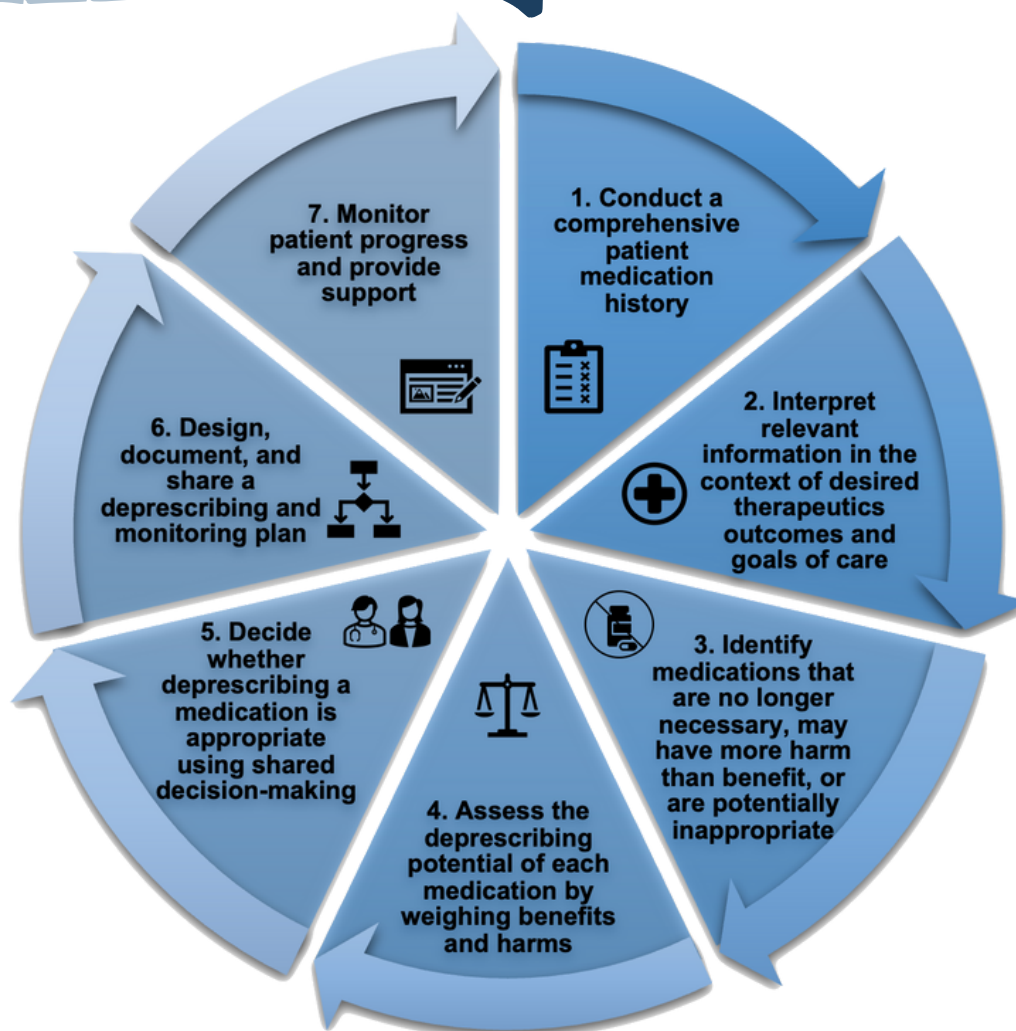
Farrell, B., Raman-Wilms, L., Sadowski, C.A. et al. A Proposed Curricular Framework for an Interprofessional Approach to Deprescribing. *Med.Sci.Educ.* (2023). doi: 10.1007/s40670-022-01704-9



What Will You Find in the Framework?

- 1) The seven competencies for deprescribing, and for each, a list of the recommended knowledge and skills for healthcare professional learners.
- 2) Examples of teaching and assessment strategies for each level of learner, aligned to the learning outcomes.
- 3) A toolkit of practical deprescribing resources for curricular and experiential learning.
- 4) An example of a mapping exercise to a program's curriculum to determine consistencies and identify gaps in deprescribing knowledge and skills.

The Seven Competencies for Deprescribing



Educators interested in using this framework may visit DeprescribingNetwork.ca/curriculum-development or contact the Network Team at info@caden-recad.ca