



February 7th, 2024

MEDSAFER STUDY: Your feedback is crucial to help improve App that facilitates medication reviews

Hello,

I hope this message finds you well. My name is Dr. Emily McDonald, and I am the Scientific Director of the Canadian Medication Appropriateness and Deprescribing Network (CADeN). I, along with my research team at McGill University, would like to invite you to participate in our study which aims to make medication reviews more accessible and effective for patients and their healthcare professionals.

This research study focuses on evaluating MedSafer, a computer application (or “App”) that guides patients and their healthcare professionals through a medication review. Based on scientific evidence, the App creates a personalized report, identifying medications that may no longer be needed or that are at risk of causing harm. The patient and healthcare professional may then have a conversation about the possibility of safely reducing or stopping these medications (also called *deprescribing*). MedSafer is available in both English and French. It is designed for older adults (60 years and older) who take medications regularly.

I am seeking to evaluate MedSafer by obtaining feedback from patients and caregivers. If you choose to participate, you will be invited to test the App and share your thoughts and experiences through surveys. You will be asked questions about how the App looks visually, and whether it is easy to use, easy to understand, and helpful. Your feedback and advice will be critical to improving MedSafer. Formal recruitment will begin in February 2024, and your involvement will require approximately 45-60 minutes. The study, funded by Health Canada, will receive ethics approval from the McGill University Health Centre. Your contributions will be instrumental to ensuring MedSafer is helpful and easy for patients and/or caregivers to use. We are committed to transparency: at the end of the project, we will email participants to let you know how your feedback will be integrated to improve the application.

Jimmy Lee, the graduate student overseeing the project, is available to address any questions or concerns you may have. You can reach her via email at jimin.lee@mail.mcgill.ca or by phone at 438-820-1792.

If you would like to participate or would like more information, please fill out a short form at the following link <https://forms.gle/JUxmQEYe3vt9vvGV9>.

Thank you for considering this opportunity to contribute to our research. Your input will help make medications safer for older adults.

Best regards,

Dr. Emily McDonald
Scientific Director
Canadian Medication Appropriateness and Deprescribing Network